

**Trigger Exercises
for the
Tenor Trombone**

BOB DOWELL

Alternate Positions

Use a metronome
Constant air flow - no tongue
V = Valve / Trigger
Use regular positions unless marked 'V'
Focus on timing slide and valve

F Major (Trigger Bb and A)

First line of musical notation for F Major in 4/4 time. The key signature has one flat (Bb). The melody consists of quarter notes: F2, G2, A2, Bb2, C3, D3, E3, F3. The notes are grouped into five measures: the first measure has a 'V' below it, the second and third measures have 'V__' below them, and the fourth and fifth measures have 'V' below them.

Second line of musical notation for F Major in 4/4 time. The melody consists of quarter notes: G2, A2, Bb2, C3, D3, E3, F3, G3. The notes are grouped into three measures: the first measure has 'V__' below it, the second measure has 'V' below it, and the third measure has 'V__' below it. The line ends with a double bar line.

Gb Major (Trigger Cb and Bb)

First line of musical notation for Gb Major in 4/4 time. The key signature has three flats (Bb, Eb, Ab). The melody consists of quarter notes: Gb2, Ab2, Bb2, C3, D3, Eb3, F3, Gb3. The notes are grouped into five measures: the first measure has a 'V' below it, the second and third measures have 'V__' below them, and the fourth and fifth measures have 'V' below them.

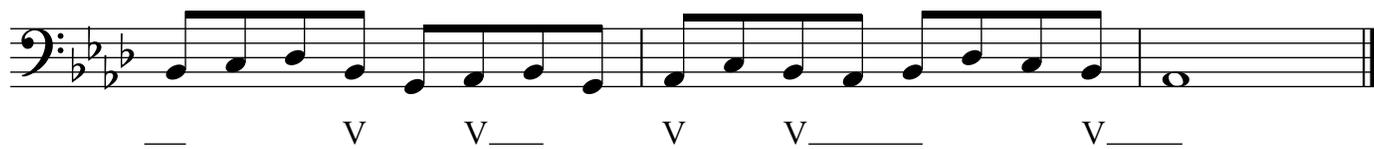
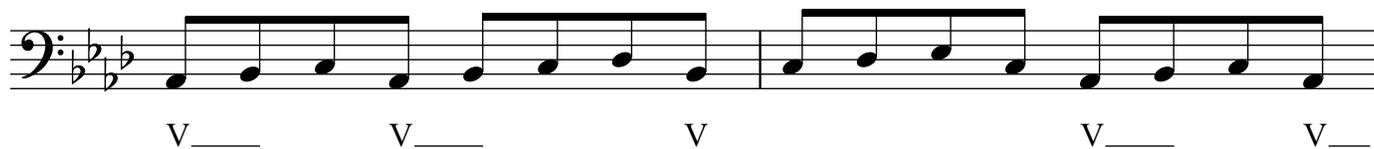
Second line of musical notation for Gb Major in 4/4 time. The melody consists of quarter notes: Ab2, Bb2, C3, D3, Eb3, F3, Gb3, Ab3. The notes are grouped into three measures: the first measure has 'V__' below it, the second measure has 'V' below it, and the third measure has 'V__' below it. The line ends with a double bar line.

G Major (Trigger C and B)

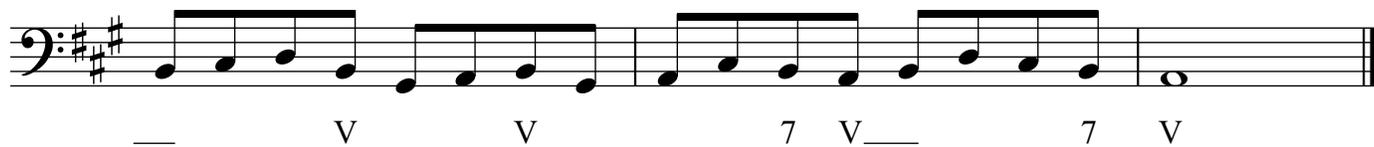
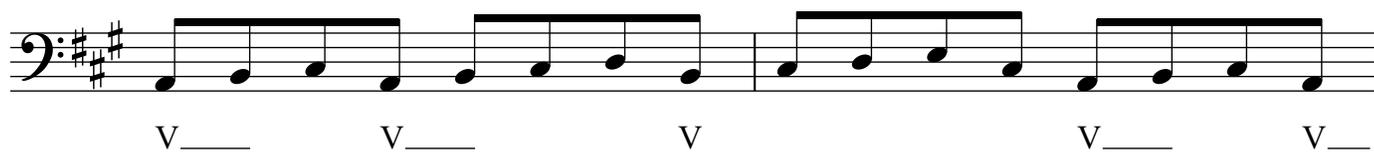
First line of musical notation for G Major in 4/4 time. The key signature has one sharp (F#). The melody consists of quarter notes: G2, A2, B2, C3, D3, E3, F#3, G3. The notes are grouped into five measures: the first measure has a 'V' below it, the second and third measures have 'V__' below them, and the fourth and fifth measures have 'V' below them.

Second line of musical notation for G Major in 4/4 time. The melody consists of quarter notes: A2, B2, C3, D3, E3, F#3, G3, A3. The notes are grouped into three measures: the first measure has 'V__' below it, the second measure has 'V' below it, and the third measure has 'V__' below it. The line ends with a double bar line.

Ab Major (Trigger Ab and Bb)



A Major (Trigger A and B)



Bb Major (Trigger Bb and A)



B Major (Trigger A# and B)



Intervals

Staff 1: Bass clef, B-flat key signature. Eighth-note scale starting on G2, ascending to G3. A slur covers the entire scale. Seven 'V' marks are placed below the notes G2, A2, Bb2, C3, D3, E3, and F3.

Staff 2: Bass clef, D major key signature. Eighth-note scale starting on G2, ascending to G3. A slur covers the entire scale. Seven 'V' marks are placed below the notes G2, A2, B2, C3, D3, E3, and F#3.

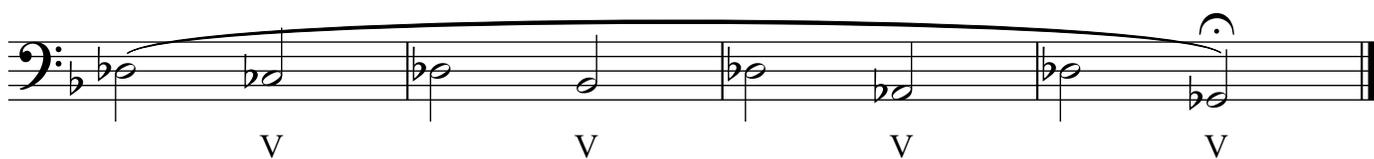
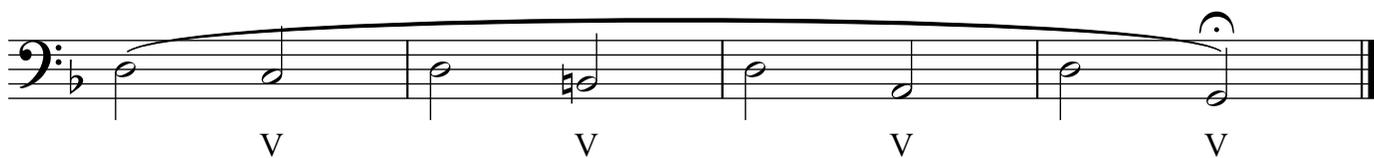
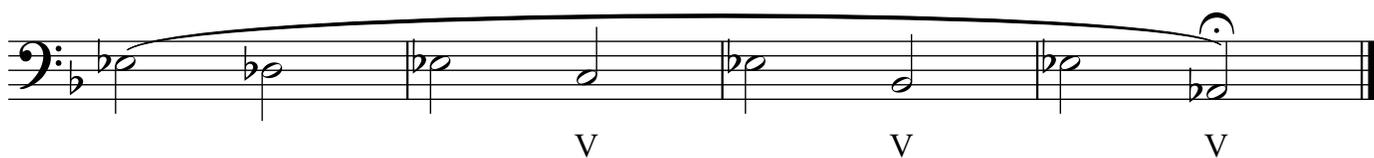
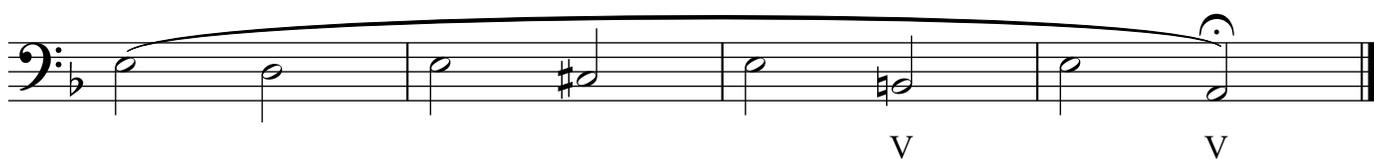
Staff 3: Bass clef, B-flat key signature. Eighth-note scale starting on G2, ascending to G3. A slur covers the entire scale. Seven 'V' marks are placed below the notes G2, A2, Bb2, C3, D3, E3, and F3.

Staff 4: Bass clef, D major key signature. Eighth-note scale starting on G2, ascending to G3. A slur covers the entire scale. Seven 'V' marks are placed below the notes G2, A2, B2, C3, D3, E3, and F#3.

Staff 5: Bass clef, B-flat key signature. Eighth-note scale starting on G2, ascending to G3. A slur covers the entire scale. Seven 'V' marks are placed below the notes G2, A2, Bb2, C3, D3, E3, and F3.

Staff 6: Bass clef, natural key signature. Eighth-note scale starting on G2, ascending to G3. A slur covers the entire scale. Seven 'V' marks are placed below the notes G2, A2, B2, C3, D3, E3, and F3.

More Intervals



Arpeggios

V V V V

V V V V

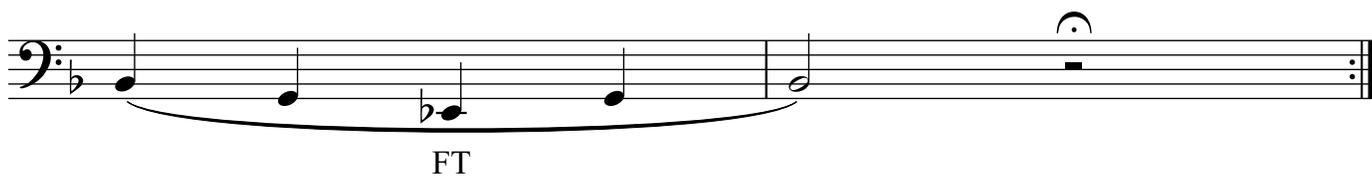
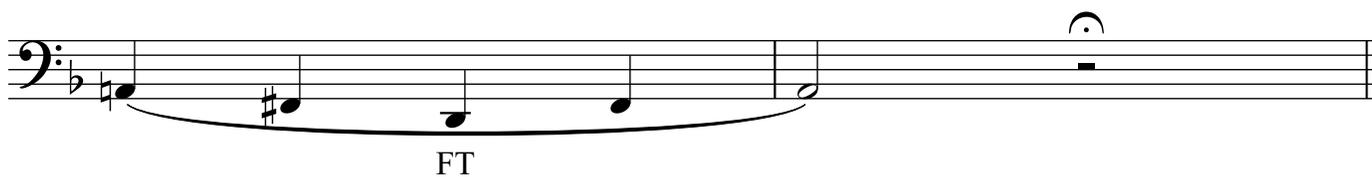
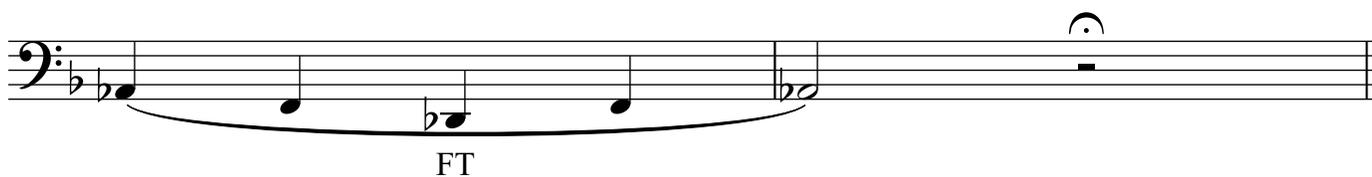
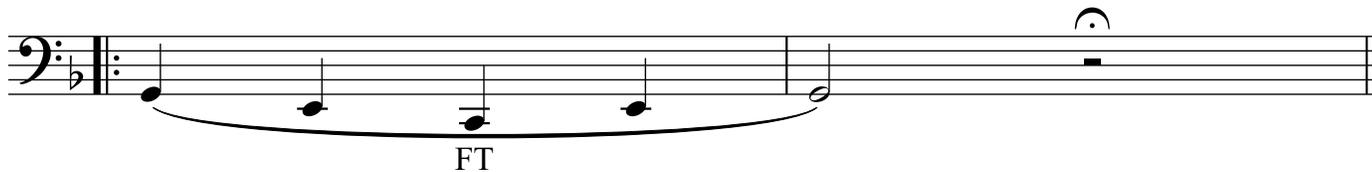
V V V V

V V V V

V V

Developing False-Tones

Play whole exercise without trigger
FT = False-tone



False-Tone Plus Trigger

Produce a good false-tone before adding the trigger

Musical staff 1: Bass clef, key signature of one flat. Notes: G2, F2, E2 (labeled FT), D2 (labeled V). A slur connects E2 and D2. A fermata is over D2.

Musical staff 2: Bass clef, key signature of two flats. Notes: G2, F2, E2 (labeled FT), D2 (labeled V). A slur connects E2 and D2. A fermata is over D2.

Musical staff 3: Bass clef, key signature of one flat. Notes: G2, F#2, E2 (labeled FT), D2 (labeled V). A slur connects E2 and D2. A fermata is over D2.

Musical staff 4: Bass clef, key signature of one flat. Notes: G2, F2, E2 (labeled FT), D2 (labeled V). A slur connects E2 and D2. A fermata is over D2.

Bb Major Scale

Increase air for trigger notes.

Musical staff showing the ascending Bb Major Scale in bass clef. The notes are G2, A2, Bb2, C3, D3, E3, F3, G3. A slur covers all notes, and a 'V' with a line underneath is positioned below the staff.

Musical staff showing the descending Bb Major Scale in bass clef. The notes are G3, F3, E3, D3, C3, Bb2, A2, G2. A slur covers all notes, and a 'V' with a line underneath is positioned below the staff.